



## York & District Mind

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2<sup>nd</sup> April 2007

Dear Stephanie

### **Presentation skills training for service users February 2007**

We were delighted to have been involved in this initiative. As you know, we had five participants who reported that they had much enjoyed the training and gained considerably from it. Clearly, knowledge of how to put together a presentation and deliver it successfully is a significant help in building confidence. It can help open up opportunities for further training and employment.

One of the benefits to participants was simply being involved as a group in the training. They interacted well and enjoyed being together in a common cause, working as a team to help each other learn new skills and techniques.

The training was thought to be well organised with the appropriate level of support and guidance. It was delivered with empathy and understanding and, importantly, good humour. I have no hesitation in recommending this course to other service user groups.

Thank you for running this training so effectively.

Yours sincerely

  
John Burgess  
Director

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